

Dear Parents,

We have been studying diet, nutrition, fitness and good health. As a follow up I would like to show the movie "Super Size ME". It is rated PG13 on April 1st.

Filemaker Morgan Spurlock unravels the American obesity epidemic by interviewing experts nationwide and y subjecting himself to a "McDonald's only" diet for thirty days straight. This Sundance award winning feature is as entertaining as it is horrifying as it drives into corporate responsibility, nutritional education, school lunch programs and how we as a nation are eating ourselves to death.

I believe the information in this video is very educational. It shows what happens to people who consume mainly fat in there diet and the ripple effect it has on the population as a whole. This movie also started the movement, yet denied by corporations, that the fast food industry has changed by including food labels for their products.

Thank you,
Ms. Gorney

Students Name: _____

_____ Yes, I give my child permission to watch the video.

_____ No, I prefer not to have my child watch this video.

Parents Signature _____

Date: _____